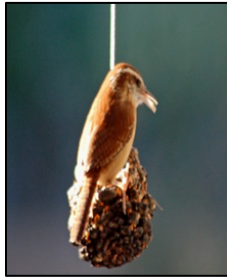
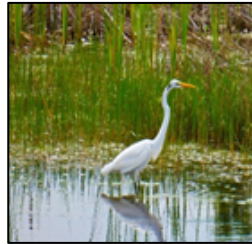


## National Bird Day - January 5



- ✓ Nearly 3 billion adult breeding birds have been lost since 1970 due to habitat loss and degradation, pesticides, pollution, and climate change. We also lose birds to neighborhood and feral cats, power lines and windows.
- ✓ Did you know that birds eat 4/5 of their weight each day? Feed the birds!
- ✓ Plant trees that are native to your geographical area.

## World Wetlands Day – February 2



- ✓ A wetland is a piece of land covered by or saturated with fresh or salt water. It is a habitat for diverse species, acts as a water filter, and provides the waterway with flood and erosion control.
- ✓ We use more freshwater than nature can replenish, and we are destroying the ecosystem that water and all life depend on most – our wetlands.
- ✓ Organize a common walk, bike ride or run for the wetlands. Plan a wetland clean-up day. Become a member of Nahant Marsh ([www.nahantmarsh.org](http://www.nahantmarsh.org)).

## World Water Day - March 22



- ✓ Established by the United Nations in 1993, its international aims are twofold: 1) to celebrate water and raise awareness of 2.2 billion people in the world living without access to safe water, and, 2) to take action to tackle the global water crisis.
- ✓ You can help celebrate World Water Day by collecting debris along rivers and stream and cleaning up waterways.

## Arbor Day – Last Friday in April



- ✓ The first Arbor Day was celebrated on April 10, 1872 in Nebraska; more than 1 million trees were planted.
- ✓ Trees provide many benefits: capturing carbon, preventing soil erosion, offering shade, removing pollutants, providing oxygen, cleaning ground water, benefitting wildlife, and they are a source of beauty.
- ✓ Plant trees that are native to your geographical area.

## Endangered Species Day Third Friday in May



- ✓ This is a day to celebrate, learn about, and take action to protect threatened and endangered species.
- ✓ Support non-profit groups such as World Wildlife Fund, Jane Goodall Institute and National Wildlife Federation.
- ✓ Visit Niabi Zoo in Coal Valley, IL, and see endangered species ([www.niabizoo.com](http://www.niabizoo.com)).

## National Trails Day - June 5



- ✓ National Trails Day is an opportunity for a day of service, advocacy, and enjoyment of hometown trails.
- ✓ The simplicity of getting out and walking or riding a bike opens trail experiences to all members of the community, regardless of age or ability.
- ✓ From walking the dog, to off-road cycling, or cross-country skiing, Quad Cities area trails offer year-round experiences to be active in an informal setting.